

# CHOCOLATE HYSTERESIS

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## 17. Chocolate hysteresis

Chocolate appears to be a solid material at room temperature but melts when heated to around body temperature. When cooled down again, it often stays melted even at room temperature. Investigate the temperature range over which chocolate can exist in both melted and 'solid' states and its dependence on relevant parameters.

# Chocolate properties

- ▣ solid material
- ▣ melts at around body temperature
- ▣ has high viscosity when it is in liquid state
- ▣ sometimes, it takes a long while before it transists back from liquid into solid state
- ▣ properties and behaviour of milk and dark chocolate are different, and for our measurements dark chocolate samples were used

# Chocolate viscosity

$$\eta(T) = a T^{-24}$$

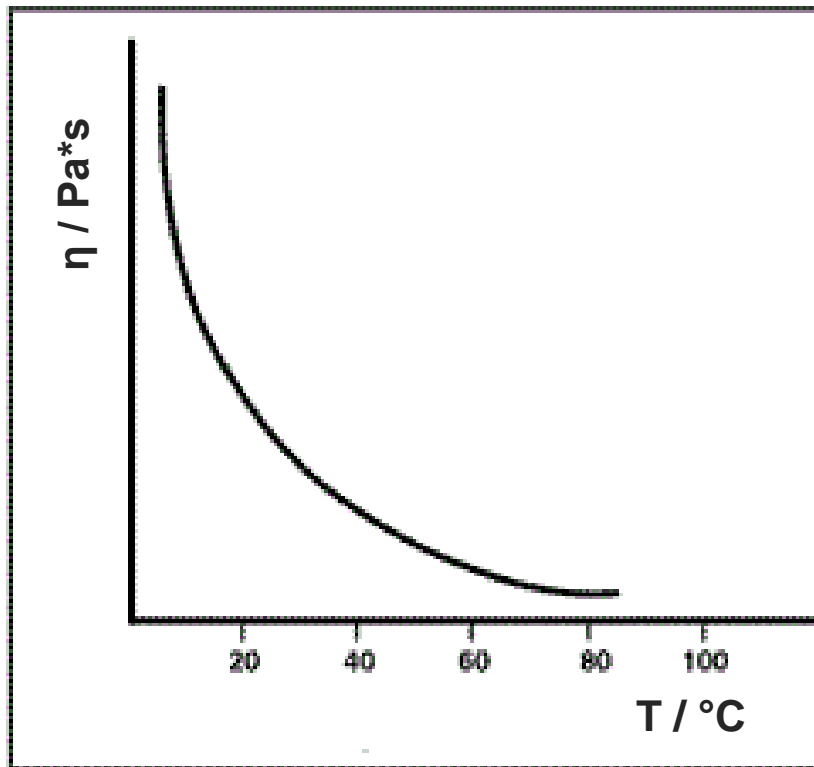
$$0 < a < 1$$

At 24°C cristalization and viscosity rapidly increases.

$$\eta(T) = 1,5 - 3,5 \text{ Pa*s}$$

Range of viscosity depends on:

- fat content 25 – 30%
- size of particles (< 30 µm)

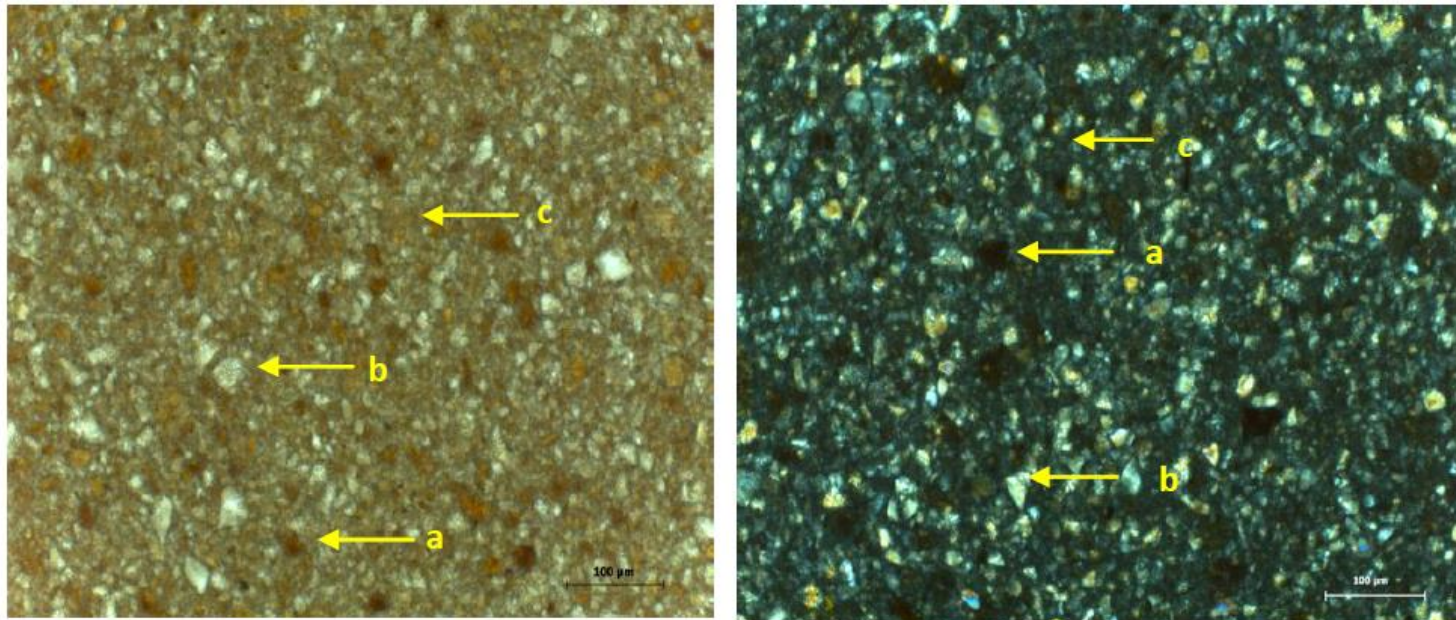


References: Sandra Mary Rutson: Rheology of chocolate,  
M. Gresham: Viscosity: A fluid's resistance to flow



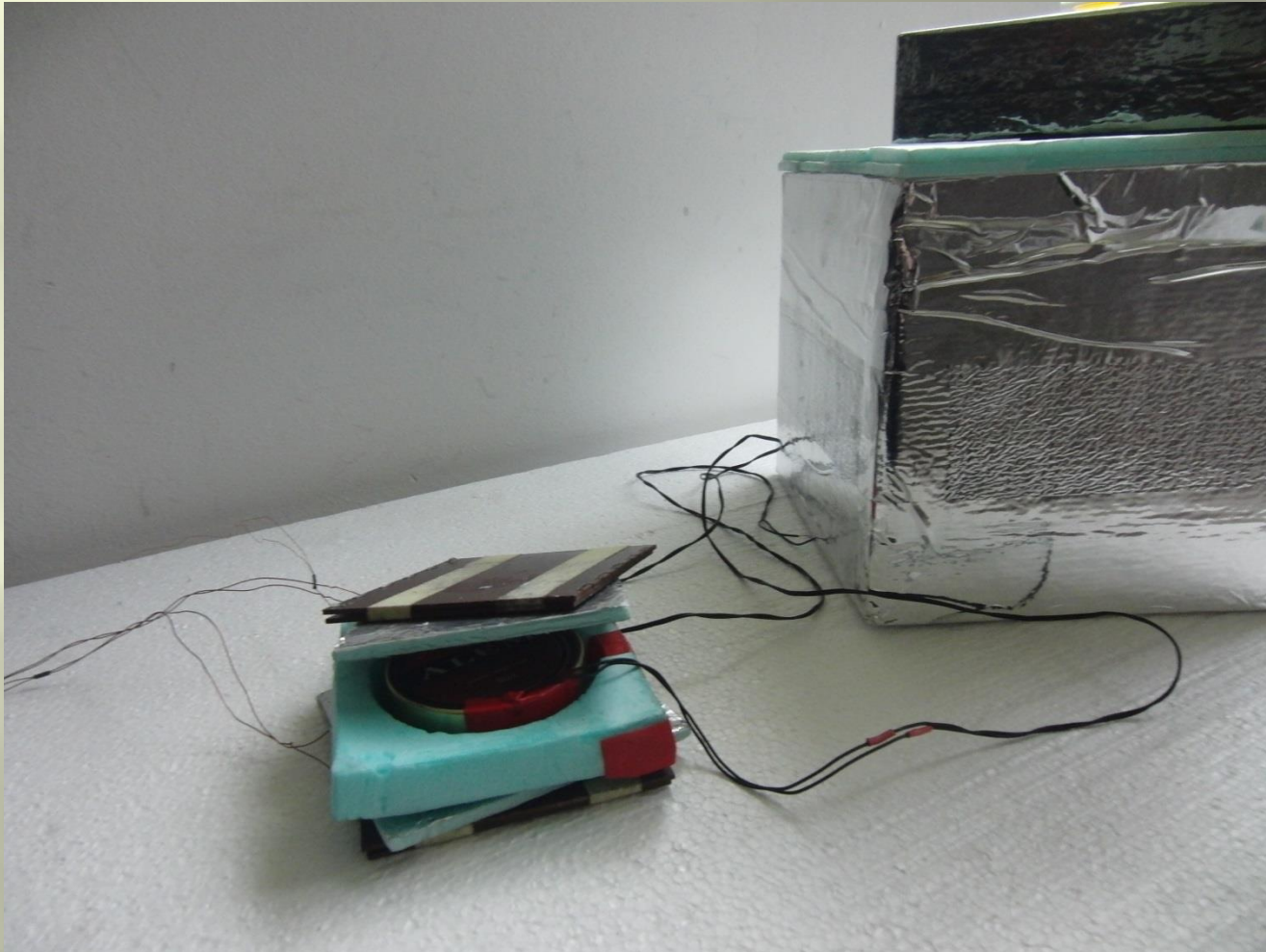
# Structure

- every chocolate is consisted of cocoa butter, sugar, cocoa dust and milk

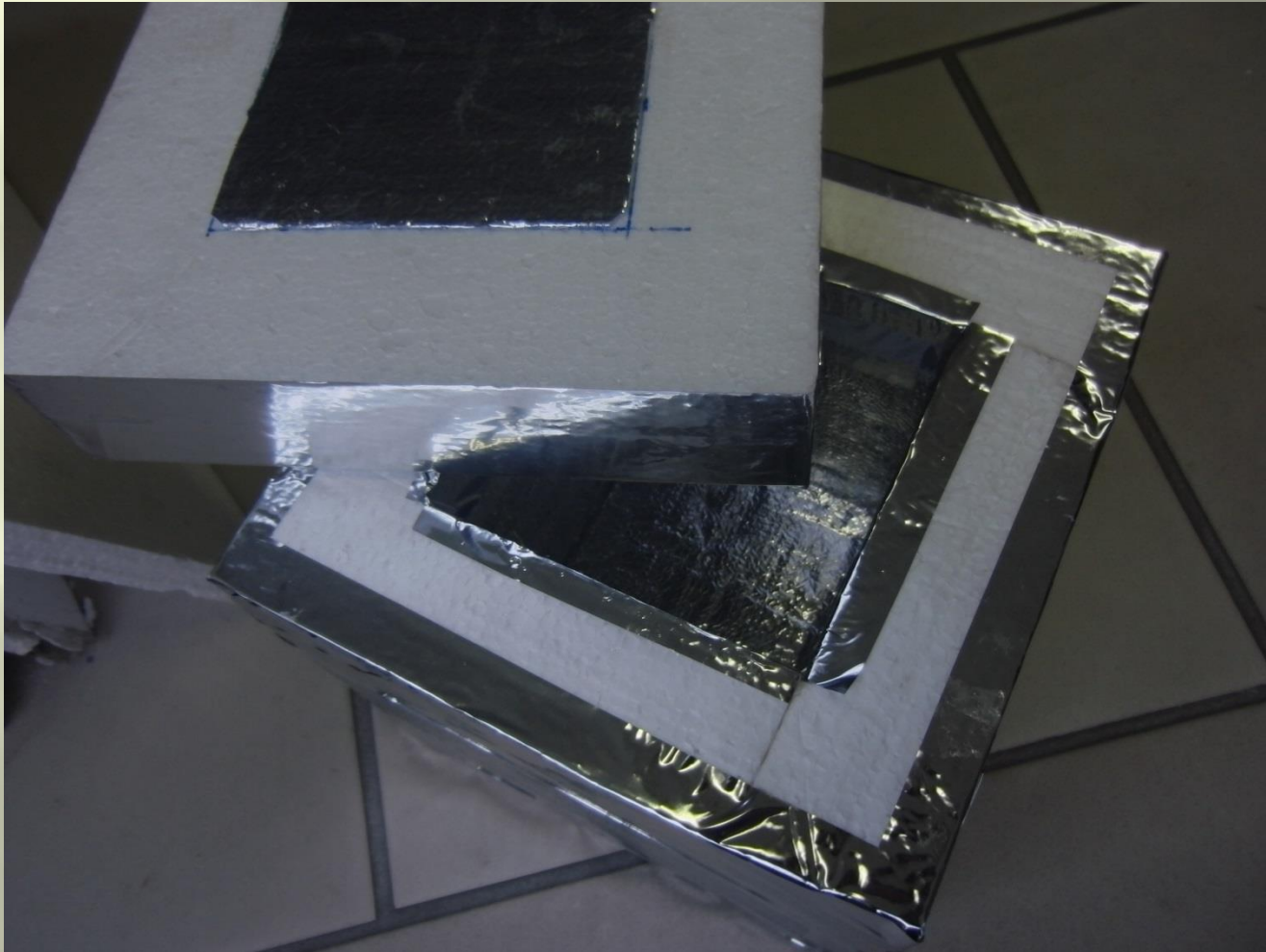


**Figure 3-12** Dark chocolate microstructure viewed using bright field microscopy (left) and differential interference contrast (right) mode at 20X magnification. Cocoa particles (a); and sugar crystals (b) are indicated embedded in continuous fat phase (c).

# Calorimeter

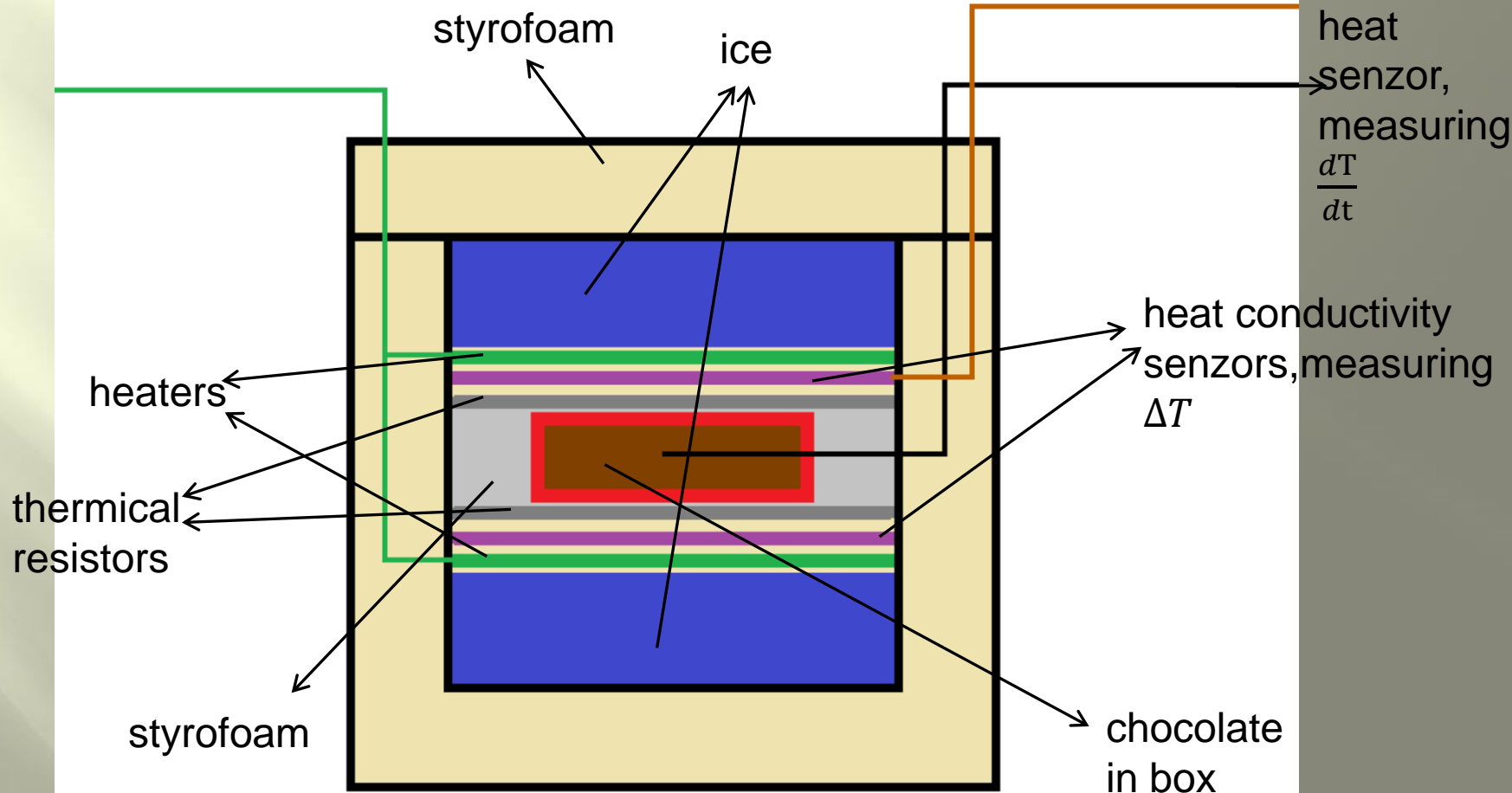


# Calorimeter





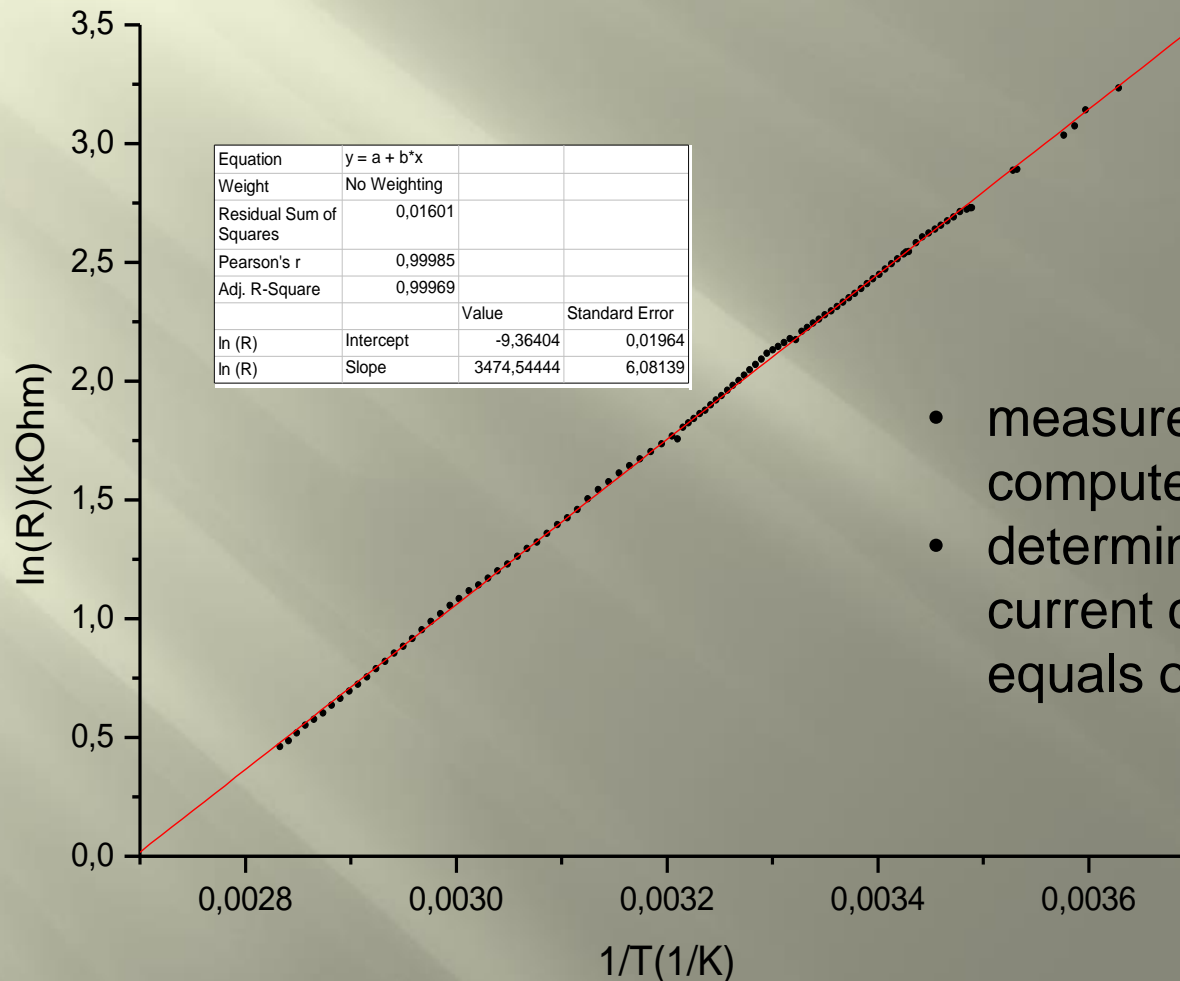
# Calorimeter



Changes of resistance measured with computer



# Calibration of thermometer



- measured with computer
- determined which current change equals one Ohm

# Mathematical model

Starting equations:

$$Q = k \frac{S}{2d} \Delta T$$

$$Q = mC_p \frac{dT}{dt}$$

$$\Rightarrow k \frac{S}{2d} \Delta T = mC_p \frac{dT}{dt}$$

Q - heat

k – heat conductivity

S – contact surface

d – thickness of conductivity senzors

$\Delta T$  – change of tepmerature flow

$dT/dt$  – change of temperature in time

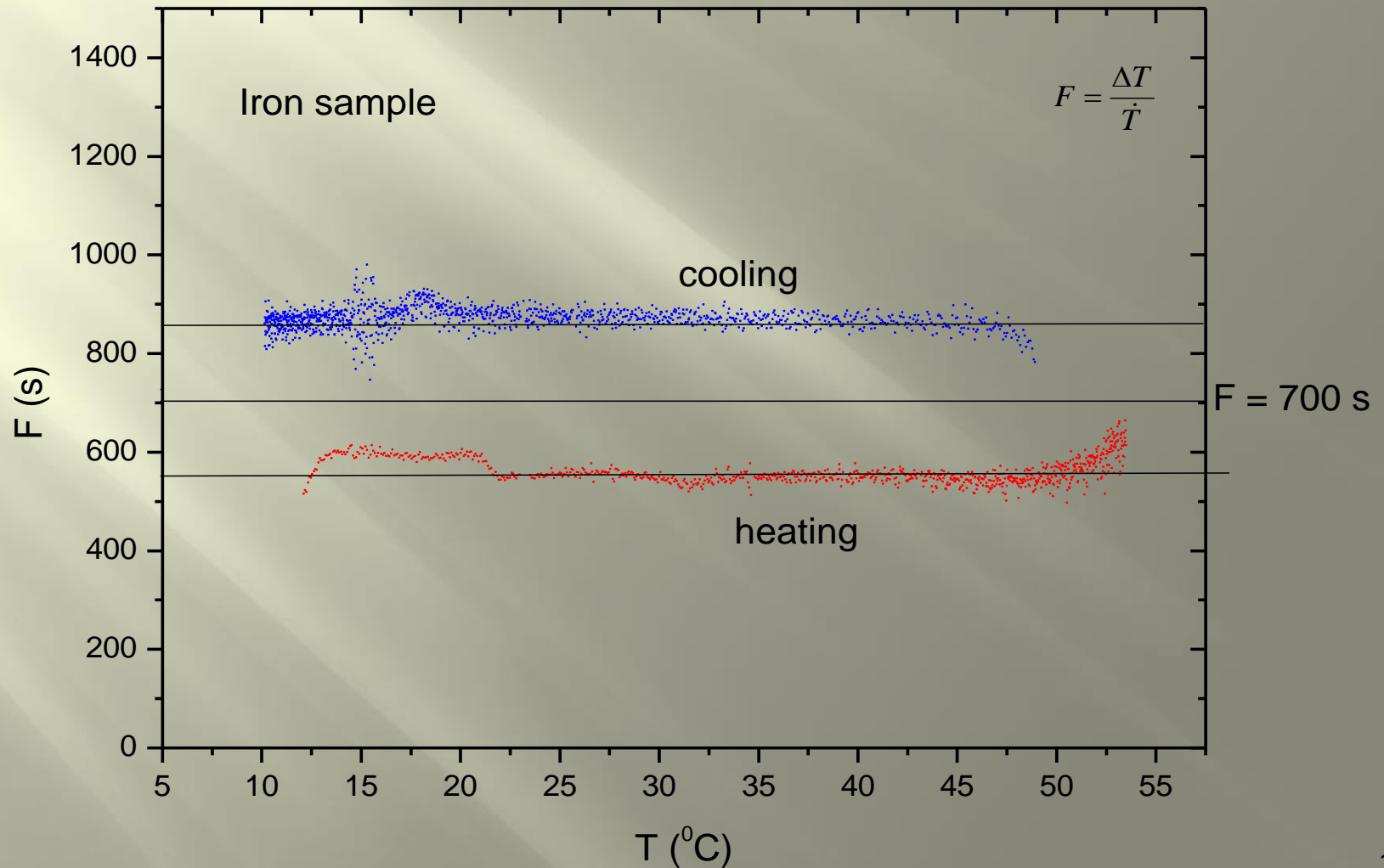
m – mass of sample

$C_p$  – heat capacity

Determined function F:

$$F = \frac{\Delta T}{\frac{dT}{dt}} [s]$$

# Graph: heating and cooling iron sample



First measurement was done with an iron sample to determine which influence does the container have on our measurements and also to calibrate calorimeter.

$$m(\text{Fe container}) = 24 \text{ g}$$

$$m(\text{Fe sample}) = 131 \text{ g}$$

$$m(\text{Fe total}) = 155 \text{ g}$$

$$C_p(\text{Fe}) = 450 \text{ J/kgK}$$

$$mC_p(\text{Fe}) = 69.75 \text{ J/K}$$

$$S = 0.0041 \text{ m}^2 - \text{contact surface}$$

$$d = 0.005 \text{ m} - \text{thickness of conductivity sensor}$$

$$F = 700 \text{ s} - \text{for iron}$$

Result:

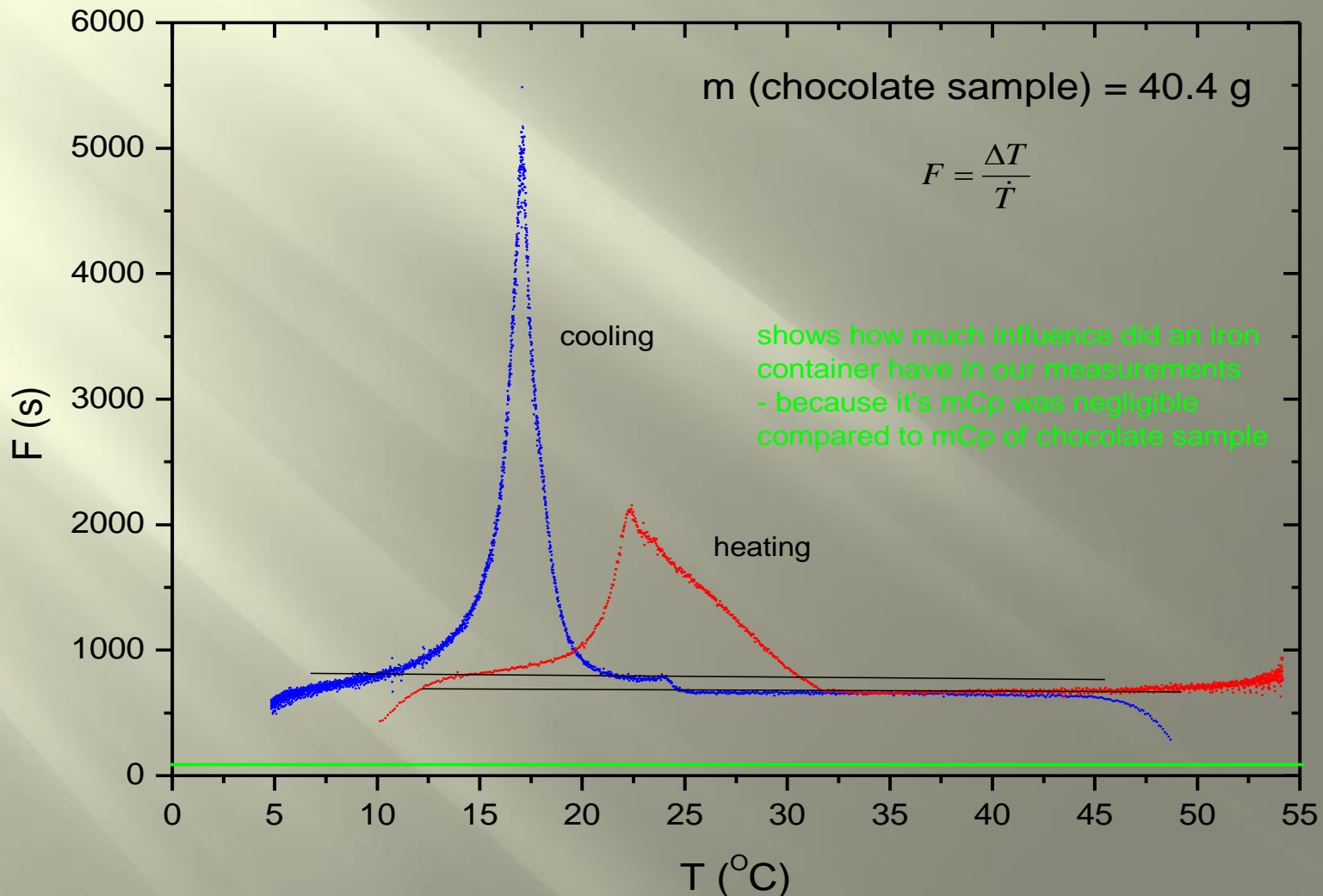
$$k = 0.061 \text{ Watt/kgK}$$

$$mC_p = k \frac{S}{2d} * F$$

for thermal resistors  
used in calorimeter



# Graph: heating and cooling chocolate sample

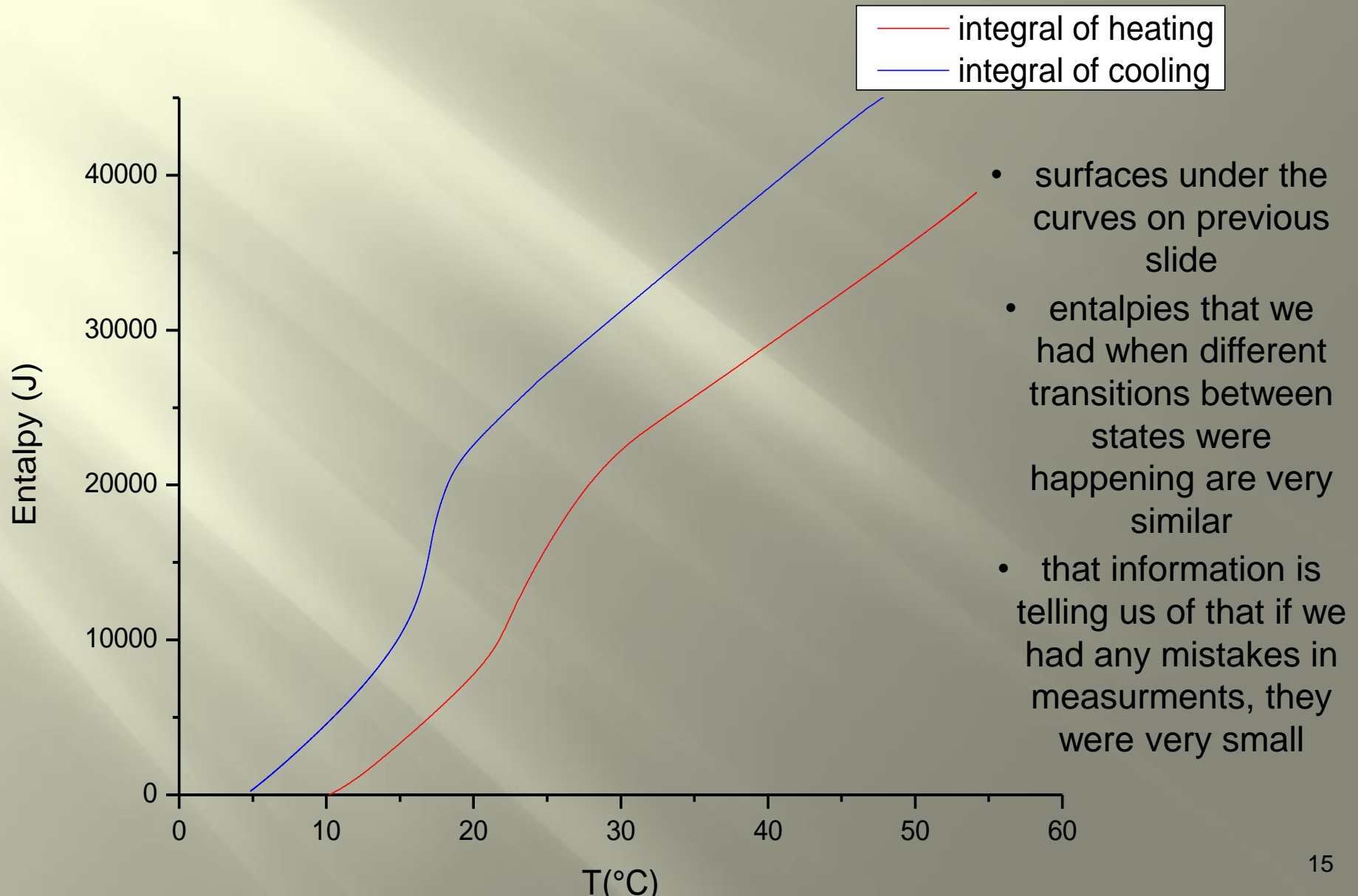


After we have determined  $k$  of our thermal resistors (which were the same for all measurements), we determined  $F$  from cooling and heating chocolate sample.

Then we were able to calculate thermal capacity of our chocolate sample:

$$C_p(\text{chocolate}) = 1810 \text{ J/kgK}$$

# Analysing enthalpies



# Determinating ranges

- ▣ the same sample was heated and cooled in calorimeter five times

## Results:

- **lowest temperature of chocolate in liquid state:**
  - ▣ last cooling of the same sample
  - ▣ at **12°C** we had highest enthalpy
- **highest temperature of chocolate in solid state:**
  - ▣ at **23°C** we had highest enthalpy
    - that means that process of transition started



Picture of our chocolate sample when it was taken from our container and was heated and cooled for the sixth time. 'Blooming' of fat and sugar particles.



# Conclusion

- ▣ we determined highest temperature at which our sample could exist at solid state and lowest temperature at which it can exist at liquid state and measured chocolate hysteresis and determined on which parameters does it depend and how
- ▣ hysteresis shows how some systems can 'remember' states in which they had existed before
- ▣ chocolate hysteresis happens because of agglomeration of sugar and cocoa butter particles when it transits from solid into liquid state

# Literature list

- ▣ Messtecnik: Introduction to rheology
- ▣ Vish Gaikwad: Oral processing of dark and milk chocolate
- ▣ Sandra Mary Rutson: Rheology of chocolate - Rheological studies of chocolate in relation to their flow and mixing properties
- ▣ Gebhrad Schramm: A practical approach to rheology and rheometry
- ▣ Radosavljevic, Schlunk: Melting chocolate
- ▣ M. Anandha Rao: Rheology of fluid and semisolid foods
- ▣ M. Gresham: Viscosity: A fluid's resistance to flow

**Thank you for your attention!**



# Calibration of thermometer

